

There are many times when things seem impossible to do or complete. A couple of impossible things (at least for most people) are licking your elbow or licking the tip of your nose. Can anyone in your family lick their elbow or the tip of their nose? *Everyone should try and see if they can do either of them.*

In today's Bible reading, we are going to hear about something that seemed impossible but because of God's power, it was possible!

*Read 1 Samuel 17:1-16 and 17:32-50. The NLT is included but you can read whatever translation you like.*

How much armor did Goliath wear when he battled against the Israelites? *Discuss this, if you need help, look at verse 5.* How much armor did David wear when he battled against Goliath? *Discuss this, if you need help, look at verses 38-39.* What did David use to fight Goliath? *Discuss this, if you need help, look at verse 40.* Why might it be important that David didn't use any armor and that he didn't use a sword, only a rock? *Discuss this.*

With David, he could not beat Goliath by himself. He was able to beat Goliath because God gave him the strength and power to do so. God gives all believers the same strength! God allows us to pray and ask for help in every battle that we have. He wants to help us through everything we face in our lives.

Prayer: Dear God, thank You for fighting my battles! Help me to remember that my strength comes from You. Thank You for always caring for me. In Jesus' name I pray, Amen.